

REPORT ON FRED'S LAUNAGS

~~CONFIDENTIAL~~
~~SECRET~~

On Feb. 28, 1965 a meeting was held at [] residence. He told, that he met Fred the previous day at a party and he seemed to be a little better after he first saw him in his office over a month ago. He was more relaxed and could well control the situation in discussing poetry and literature. For a short moment the Dr. and Freds discussed his feelings, but all Freds said, that the medicine (Torozone .25) GUNARS prescribed Freds were making him numb from the waist down. (Dr. G. also thinks that Freds has some sexual problems). Freds told him that he is feeling better, more relaxed and is keeping the rest of the pills for emergency cases. He said, that his depression is gone after the divorce formalities took place and that he is looking forward, that he-Freds will be able to adjust himself to the situation.

I raised the question in getting Fred in the Hospital. I explained [] the description of doctors who treated Freds before and told him that my mission is to get him in the hospital. Dr. G. was very doubtful from the very beginning that I will succeed. Freds has told G. that he had shocks in Washington and that he had to take them, because that was an order and he did not have a way out. G. did not press at that time, but felt that Freds was against the shocks. At the same time ~~XXX~~ he felt, that the shocks alone will not help him, but said once he will be in hospital he would be able to keep him there and see the progress. In other words once he is admitted voluntarily into the Hospital, the doctors could keep him in if Freds should ask for discharge.

[] said that Freds should be a resident in Brooklyn and the difficulty will be when at the admission Freds will say his address is in NYC. But that could be done somehow, when he talks to the admission people. Officially it will not be possible to admit.

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The address in Brooklyn could be arranged. ~~IE~~Either we could mention the Latvian newspaper "LAIKS" address, because no one in the Hospital is going to check that.

The main problem still remained how to get Freds in the hospital. [] told about the rehabilitation program which is very good, but [] does not has influence. There are special people who will determine if and how the rehabilitation could take place. There are patients who live in the Hospital and study at universities receiving living quarters and \$ 2.- pocket money for transportation and lunch per day.

There is a chance that Freds could be selected because of his drive for education. But this could only be determined after a long period of treatment in the hospital.

Dr.G. does not believe that Freds in the present condition will do something drastic. In his opinion he is more of paranoid and less schizophrenic case. Dr.G. asked me to convince Fred, that ~~XXX~~ whenever he feels low, he should contact him.

I Told G. all I knew about Freds soe easing him in dealing with him in the future. During the first session G. was very reluctant to give him any advise in order not to scare him away. G. Further informed me, that new laws are in work for admitting patients to mental institutions. The voluntaru admission will remain the same, but in forced admission there will be changes so that only with two physicians signatures one will be admitted.

Dr.G. was informed about all I discussed with Freds during the next two days.

Coming from Dr.G. I looked up Freds residence at 275 E. 201st Street Bronx 58 N.Y.C. He lives in ~~XXXX~~ in the basement and his name is not placed on the board. One can get in only calling the janitor.

At noon time on March 1st I called his place of work and arranged a meeting right after work. We met on 41st St and 5th Ave. in Caffee "Larry". Fred looked very bad. His jacket was torn, his shirt was dirty a very run down impression. He seemed ^{be} to glad to see me and he too said that now he is all right. He tries to reajust to the new situation. I told him that I did see Dr.G. and talked to him in order to find out what is the best way to help him. I laid my cards on the table telling him that if he wants to get a better life, he has to find out what is wrong with him in the first place. After that he should find out if there is a way how to cure it. At this moment Freds came back telling that his mind is clear and sound. I proved him that he has been wrong for a good period of time. The divorce, his boy's sickness his constant change of jobs are the symptoms which prove that something is wrong with his mind too. I told him, that Dr.G. is willing to help him, but only under one condition. First he has to realize that this is a great favour on his part, to spent time and effort for nothing and that therefore he can only help him, if he Freds wants to help himself and cooperate. I also told him that probably he will need some tretments in the hospital and after that DR.G. could be helpful for him to into the rehabilitation program. From all this Freds kept only one: he will find out from Dr.G. what the rehabilitaion could offer him. I tried time andtime again to explain the rehabilitation program as such, but that did not penetrate his mind. The I took a sharp approach and said to listen carefully and explained him that I am at the end of the road with him and I am not going to spent any more time with him if he is so stubborn and does not take the advise we are giving him. I told him that this is not my job to fight with him and he is on his own and I added, that I know better than he, that there is not a person in the US with whom he could talk and a person who knows his trouble as good as I.

Then I told him that the only way out of the darkness is to go to the hospital and get shocks. I also told him that Dr.G. will give him the best possible

treatment in the hospital and the time of recuperation will be relatively short. He objected to that, telling that the shocks have ~~XXXX~~ put him off balance. It took him a whole year to find out what happened. After these shocks he was not able to memorize anything and even not able to read. Now he is so far that he can read and memorize things and he will never take voluntary shocks again.

At this point I told him that it is up to him and I am not going to ~~XXXX~~ spent my time and ~~XXXX XXXX~~ it ~~XXXX~~, that I am not going to bother him again when I come to N.Y. I told him that I have unfinished business and will be in town the next day 2 March. If he will think it over and is ready to go to the hospital he should call me at 17:00 hrs. sharp and we can discuss it further otherwise I asked him to make a note in his diary my prediction that in a time period of couple years he will be completely off his mind.

For my surprise he called me the next day and said that he wants to meet me again and discuss it further. We met at the same place and drove to the Village.

He started again analyzing his mind. On every sentence I proved he was wrong. He was desperate and shot at one time that I could tell my bosses that he is all right and will not contact the Soviets. I replied- that if my bosses would have an interest in him, it could not be better. Then I would have the authority to put him in a hospital, then there would be funds for it and then there would be no problem what so ever. He believed it. I reminded him, that Dr.G. is still willing to help him and he promised to see him again soon and he said that he will try to find out, if the situation really is so bad. At the end of the conversation which lasted 4 hours, he started to cry and asked for more time to think, but at the same time he asked if there is not any ~~XXXXXX~~ other treatment than shocks. He is scared from them and will not have them because as he put it will put him out of circulation for more than a year.

I warned him, that time is running out for him and the sooner he sees Dr.G. the better for him. Then he started to tell me that he has his own plans and that next fall he thinks he will be able to join a University and that will bring him back in normal. By next fall he would have paid off all his debts and saved some

money for the school. The he asked me not to leave him alone and whenever I am in NY he should like to meet me and talk with me. He said that I have left many thoughts he would like to have time to think about. The I asked if he still plans to go back to Latvia, on which he answered, that he can see that it will be senseless, but he is planning & maybe he could go to Australia after he will be certain that he will not be able to go back to his family. He told me that it is a very difficult situation when his own son and daughter asked him to leave. I said, that this is exactly what I am talking about. That there is no way back except one: If he will feel after the treatment and having a new profession received from the rehabilitation program, if he then could go back and sit at the table and tell his family that he has changed and could admit his faults which he cannot see, but feels the results only, only then there is a chance for a reunion. After that he again said that he need more time for meditation and asked me not to be mad about his ~~him~~ being so stubborn.

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